

# GOALS AND GOAL SETTING

Zig Ziglar

## I. When you choose to set goals they help \_\_\_\_\_ your \_\_\_\_\_.

According to Mr. Ziglar the plan when writing and setting goals is:

1. \_\_\_\_\_ it down.
2. Put a \_\_\_\_\_ on it.
3. List \_\_\_\_\_ to overcome.
4. Who to \_\_\_\_\_ with and help you \_\_\_\_\_.
5. \_\_\_\_\_ of \_\_\_\_\_.
6. Set a \_\_\_\_\_ limit.
7. Identify \_\_\_\_\_ to you.

When one takes these steps goals become \_\_\_\_\_.

## II. WHEN PEOPLE DO NOT SET GOALS:

THE BASIC PROBLEM IS A LACK OF \_\_\_\_\_.

WE ALL HAVE THE SAME AMOUNT OF TIME \_\_\_\_\_ HRS.

Goals do a lot of things:

1. Goals chase the \_\_\_\_\_.
2. Goals create \_\_\_\_\_ to reach the goal or \_\_\_\_\_.

Wandering Generality=spinning wheels, no direction, busy doing a lot of things but going nowhere.

Meaningful Specific=a sense of direction, goals are set, there is purpose to life,

3C's of goal setting:

\_\_\_\_\_ -to the goal

\_\_\_\_\_ -to take steps

\_\_\_\_\_ -to initiate action and risk

See it in your minds eye: Visualize \_\_\_\_\_!!

# Dream Big!